



INFORMATIONAL LETTER NO. 2469-MC-FFS

DATE: June 1, 2023

TO: Case Managers, Targeted Case Managers, Care Coordinators, Home- and Community-Based Services (HCBS) Providers, Habilitation Providers

APPLIES TO: Managed Care (MC), Fee-for-Service (FFS)

FROM: Iowa Department of Health and Human Services (HHS), Iowa Medicaid

RE: Competency-Based Training

EFFECTIVE: Upon Receipt

The purpose of this informational letter is to announce upcoming competency-based training opportunities for all Iowa long-term services and supports (LTSS) providers. Competency-based training allows providers and direct support professionals to acquire skills that can be applied to member care. Trainings are provided at no cost to agencies or direct support professionals.

Cultural Wellness Perspectives on Mental Health and Disability: Supporting Immigrants and Refugees in Iowa

Monday, June 19, 2023 | 10:00 AM – 12:00 PM | Attend in-person or virtually

- [Register for in-person attendance](#)¹ | Polk County River Place, 2309 Euclid Ave., Des Moines, IA 50310, Conference Room One
- [Register for virtual attendance](#)²

Presenters: Sarah Van Gorp, LISW, Refugee Family Wellness Supervisor for Immigrant and Refugee Community Services with LSI

Intended Audience: All LTSS providers, direct support professionals, and case managers who work with refugee populations

¹ <https://docs.google.com/forms/d/e/1FAIpQLScILGMcA7m3RRQ82NGFjt-2e89Y-6Bqq2nUXjues08rihol8Q/viewform>

² <https://telligen.zoom.us/meeting/register/tZwrdeCoqDMiGdwI0iO3jhDsFrO9RCnfyFx4#/registration>

Objectives:

- Cultural perspectives on mental health and disability
 - Best practices on communication
 - Resources available for community collaboration
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What do All these Terms Mean? A Look into the Language of the LGBTQIA2S+ Community

Tuesday, June 20, 2023 | 9:00 AM – 10:00 AM | Virtual – [Register](#)³

Presenter: Elisa McAfee, MS, LMFT

Intended Audience: All LTSS provider types and case managers; various ages and service types; administrators and direct support professionals.

Objectives:

- Familiarity with orientations and labels you may encounter
 - Understanding of why it is essential to be accommodating of the language used
 - Readiness to work towards comfort in conversations about identities
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A Life in the Community: The Goals of Olmstead

Tuesday, August 15, 2023 | 10:00 AM – 11:30 AM | Virtual – [Register](#)⁴

Presenter: Connie Fanselow from the HHS Bureau of Community Services and Planning

Intended Audience: All LTSS provider types and case managers

Objectives:

- Understand the results of Olmstead v. L.C. and E.W.
- Determine the five central goals of the Olmstead decision and how they are implemented in services today.
- Identify milestones in the state plan for compliance with Olmstead principles.

³ <https://telligen.zoom.us/meeting/register/tZcvd-Copz8oHdfd3NU4st2kdr3GqFclB7tG#/registration>

⁴ <https://telligen.zoom.us/meeting/register/tZctceGhpzsjHNVNCG2lXBxYAOHhXvS6lSvN#/registration>

- Build understanding of how key services such as MFP, waiver services, and the mental health regions play a role in the state plan.

Training sessions will be recorded and stored in the competency-based training archive. The monthly training schedule and archive can be found on the [competency-based training](#)⁵ webpage and will be updated as training opportunities become available.

Should you have additional questions, please direct them to the competency-based training specialist at hcbstta@dhs.state.ia.us.

⁵ <https://hhs.iowa.gov/ime/Providers/tools-trainings-and-services/CBT-for-LTSS>