Health and Human Services

Iowa Department of Health And Human Services

CHILD CARE ANNUAL EVALUATION

Business Name: Sleep Tight Day & Night

Provider Name: Sleep Tight Day & Night

Provider No.: 30920

Address: 1619 Franklin ST, Waterloo, IA, 50703

E-Mail:

County: Black Hawk

Phone Number: 3195296014

[X] Pre-Inspection Date: 8/17/2026

[ ] Approval Date:

[ ] Annual Visit Date:

Program Type:

[ ] Registered Child Development Home A (guidelines for ratios on all categories)

[X] Registered Child Development Home B

[ ] Registered Child Development Home C

[ ] Registered Child Development Home C1

[ ] Non Registered Child Care Homes accepting CCA

Program Population Served:

[ ] Infant(0<24 mos)

[ ] Toddler

[X] PreSchool

[ ] School Age

[ ] All Ages

1. Basic Overview

Karen shared that she initially became a registered childcare provider in 2005. Karen currently is not providing childcare, and has not for a few years but wants to maintain her registration. Her registration did close out in May of this year but the Pre-insepction was completed today (8/17/26) to get her re-registered. Karen currently worker in the school system as a para-educator and has worked in that field since 1995. She shared that she would like to resume childcare, when she no longer works in the school system. She shared that she plans to do first shift care and focus on children between the ages of 3 and 4. Karen uses the main level of her home for childcare and has a couple of rooms specifically set up for childcare. Karen does have a fenced in yard. Karen does have one dog, but the dog has limited interaction with the children. Karen does not have an approved substitute or assistant.

2. Identify Observed Strengths Of The Program

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Karen does not currently have any childcare children enrolled so I was not able to observe interactions. I also did not review her children's files as this was a Pre-inspcectin to get re-registered but she is aware of the documentation that is required and she did have her other required documentation organized into one binder for easy review.

Karen talked of structure and routine when she did last provide childcare and described a focus on educational activities. She also described taking the children to the park to play.

3. Identify The Aspects That Fall Below The Standard

110.8 (4) b : Procedures are in place for:
Evacuation to safely leave the facility,
Relocation to a common, safe location after evacuation,Shelter-in-place to take immediate shelter where the child is when it is unsafe to leave that location due to the emergent issue,
Lock down to protect children and providers from an external situation,
Communication and reunification with families,
Continuity of operations, and
Procedures to address the needs of individual children, including those with functional or access needs.
Karen did have an EPP from her previous time as a registered provider, but we did make some updates to her EPP on this date. She is now in compliance with her EPP.

Karen is now in full compliance with all mandated regulatory requirements of a Registered Child Development Home for her Pre-inspection.

If you have questions, you may contact me at 319-429-0749 or via email at christy.weber@hhs.iowa.gov

Thank you for your service in providing childcare in your community.

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

NA

5. Special Notes/recommendations

Notes:
Karen shared that she will likely plan to transport the childcare children when she resumes care.
Karen shared that she does not use a swimming pool but will use a sprinkler or water table for other water play.
We did discuss safe sleep policies. However, Karen did share she does not plan to care for infants.
We did discuss the number of children she is allowed to care for at one time as a Category B provider.

As part of the 2026 Targeted compliance the Emergency Preparedness Plan was thoroughly reviewed. As noted above, she did need to make a few additions to her EPP but those were completed while this worker was present. She is now in compliance with her EPP as is required at the time of a Pre-inspection.
She was encouraged to review it at least yearly to ensure that no changes need to be made.

Recommendations:
Policies are not required at the time of a Pre-inspection, however, she was previously registered until May of this year and did still have a written policy for responding to health related emergencies and illness policy. As of 7/1/25 providers are expected to notify all parents in writing that the state does allow parents to submit an exemption for immunizations (either religious or medical) in lieu of the immunization record for each child. We did discuss that at last year's annual inspection, and she does have that language documented. She will need to ensure that her updated policies/new language is provided to all the parents accordingly (once she resumes childcare).

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HHS Child Development
Home Compliance Worker: Christine Weber Date: 8/17/2026

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Development Home Registration. Please take whatever steps are necessary to completely address each of the violations noted above. It is essential you correct all above-mentioned violations.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at I encourage you to work with Black Hawk County Child Care Resource and referral at 319-233-0804 if you have any ongoing compliance or training needs.