



Iowa Department of Health And Human Services

CHILD CARE COMPLIANT

Name of Provider Lisa Sherman		County Woodbury	
Care Address 2515 S Glass ST		City Sioux City	Zip Code 51106
Mailing Address 2515 S Glass ST		Mailing City Sioux City	Mailing Zip Code 51106
Phone 712-333-1840		Email	

Date of Complaint:	06/10/2026	Date of Visit:	06/11/2026
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Type of Visit			
☐ Scheduled	☒ Unannounced	☐ N/A	

Compliance Regulation	
☒ Non-Compliance with Regulations Found	☐ Compliance with Regulations Found

Recommendation for Registration:	
☒ No Changes to registration status recommended	
☐ Revocation of Registration	
☐ Cancellation of Child Care Assistance Provider Agreement	

Category of Care:	
☐ Category A	
☐ Category B	
☐ Category C (with no co-provider)	
☒ Category C (with co-provider)	
☐ Non-registered Child Care Home with CCA Provider Agreement	

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Complaint Details:Did this complaint result in a serious injury? ☐ Yes ☒ NoDid this complaint result in a death to a child? ☐ Yes ☒ No**Summary of Complaint:**

Parent was concerned that when she would pick the children up at different times in the afternoon and children were always asleep. Daughter told her that provider gives them sleep vitamins that look like red gum drops, parent believes it is melatonin.

An unannounced visit was completed on 6/11/26 at the Sherman residence. I explained the allegations to Lisa and Ken. Both denied giving the children melatonin or any other sleep aids to the children. Lisa showed me some fruit snacks that the children received for snack that resemble red gummies and questioned whether someone has confused those with melatonin. Lisa explained the nap routine in their home; the TV is on for a while then they play recordings of nature sounds, water sounds, crickets, etc. Lisa stated they do not have trouble getting to settle down and sleep, although some kids just rest and relax. The children all nap in the living room.

I asked if I could talk to some of the kids privately about this and Lisa and Ken agreed. The first child I spoke to about the sleep routine at daycare told me the TV gets shut off and then bird and water sounds are played. She stated that she is given a red gummy at nap time.

The second child I spoke to again spoke about the TV being turned off and nature sounds being played, but denied being given red gummies herself, but replied that her brother gets the red gummies. I then spoke to the brother and he agreed he was given the red gummy at nap time.

After speaking with the children I shared with Lisa and Ken what I was told and they continued to deny giving the children anything at nap time to get them to sleep.

Rule Basis and Findings of Complaint(s):

110.8(3). Medications and hazardous material.

c. Medicines are given only with written authorization from the doctor or parent.

Prescribed medicines are accompanied by a doctor's or a pharmacist's direction.

All medicines are in original containers with directions intact and labeled with the child's name.

Medicines are stored properly including refrigeration in a separate covered container.

Medicines are inaccessible to children.

Any medication provided to a child shall be recorded indicating the name of the medication, date, time, and amount given.

There is a preponderance of evidence available that indicates some of the children were given a red gummy at nap time.

Resolution and Action Required:

The Sherman's signed a safety plan where they agreed to only given prescription and non-prescription medications to the children with prior written approval from the parents.

No further action is required at this time.



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Consultant's Signature:	Dave Jaehrling	Date of Visit:	07/20/2026
Supervisor Signature:	Sheila Aunspach	Date of Visit:	07/21/2026