Health and Human Services

Iowa Department of Health And Human Services

CHILD CARE CENTER ANNUAL EVALUATION

Name of Center: Rainbows and Friends Christian Preschool

Provider No.: 25158

Address: 403 E North St, Bloomfield, IA, 52537

County: Davis

Director's Name: Tracy Emmons

On-Site Supervisor: Mary Snook

Phone Number: 6416641606

E-Mail: r.friends1213@gmail.com

HHS Visit Date: 08/06/2026

Licensing Period: 02/01/2025 to 02/01/2027

Fire Inspection:

Date Inspected: 09/16/2024

Comments: due every 3 years, completed by DIAL

Report Visit Type:

- [ ] PTO
- [X] Licensing Visit
- [ ] Drop In
- [ ] Administrative Change

License Type:

- [X] Full
- [ ] Provisional

Quality initiative:

- [ ] Accrediation

Program Duration:

- [ ] Year-Round
- [X] School Year
- [ ] Summer Only

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HOURS:	*Year-round*	*School-Year*	*Summer Only*
Sunday			
Monday		7:00 AM to 5:30 PM	
Tuesday		7:00 AM to 5:30 PM	
Wednesday		7:00 AM to 5:30 PM	
Thursday		7:00 AM to 5:30 PM	
Friday		7:00 AM to 5:30 PM	
Saturday			

Program Population Served:

- [ ] Infant(0-<24 Months)
- [ ] Toddler
- [X] PreSchool
- [ ] School Age
- [ ] All Ages

LICENSE CAPACITY	Infants	2 Years	Preschool	School-Aged	Capacity
General	4	10	20	10	44
Summer					0

1. Basic Overview

Rainbows and Friends is a mission of the Bloomfield Methodist Church and is located on the main level of the church in a residential area of Bloomfield. Rainbows and Friends has been licensed since 2005. The preschool expanded services in 2021 moving from preschool programming to child care for children ages 18 months and older.

Rainbows & Friends offers a transition to young children whose families prefer a half day program. Approximately 54 children are enrolled. Rainbows and Friends Christian Preschool occupies two classrooms in the Sunday School wing of Bloomfield United Methodist Church in Bloomfield. The preschool currently offers two classes for preschool age children two days per week and third optional day on Wednesdays. The preschool /daycare is owned and operated by Rainbows and Friends Inc., a not for profit community corporation. The director is Tracy Emmons. Ms. Emmons has an AA degree. Ms. Emmons is also a part time music instructor and emphasizes music in the program. She has several CEU units. Tracy is present consistently and appears to be an active leader. She has been the Director since 2016.

Jennifer Bonner is also employed at the preschool and has been employed at the preschool for the past since 2014. She works on a part time basis and serves as OSS when present. On 8/6/26 I made an unannounced licensing visit to Rainbows and Friends Christian Preschool and met with Director Emmons and Jaden Prevo. Mary Snook is another OSS. She became on site supervisor in 2021. Ms. Snook has 15 years experience in licensed child care centers.

The preschool rooms have been rearranged for optimal flow for arrival and pickup times as well as classroom space.

Observations of Preschool Rooms:

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The visit consisted of classroom and building area review and observations of activities, ratios, nutritional practices, health and safety practices, playground observation, field trip and transportation practices, and administrative review. Toddlers, preschool and school age children are served at this site.

Parents and children enter the preschool through a side door of the church (east side of the church building). It is locked with the exception of drop off and pick up times. The program has 3 classrooms and a coat room and separate hand washing, and a restroom area near the entry. Coats are hung on hangers on a bar that the children can access. The coat room also contains cubby holes for the children's extra belongings. Visitors may also enter the preschool area through the front entrance of the church. A secretary is present 6 hours through the day while the doors are unlocked. Signs are put up at the end of the hallway leading to the preschool area from the main entrance that read: STOP Preschool in Progress. When the children arrive they put their name tag on the I Am Here board.

The Director has her own office where office supplies and staff belongings are stored. Both preschool rooms. the school age room and the coat area were organized and well kept. Storage was adequate. Extra storage is also located in a storage shed. The children use a restroom connected to one of the other rooms (infant) in the church down the hall from their rooms. A sink is outside the toilet area with appropriate paper towel dispenser. Mondays are dedicated to office days.

The classrooms are bright, clean, and attractive and equipped with a satisfactory variety of child sized furniture and equipment, toys, games, and learning activities for the children. The preschool consists of a Rainbow/Library Room and a main classroom. The curriculum is theme based with a Christian values emphasis. The curriculum is described as 60% teacher directed and 40% child selected. Interest centers available to the children include: blocks and interlocking plastic pieces, children's literature, dramatic play, music and movement, art, toys and games, puzzles and small manipulatives, sensory table, and computer area.

All classrooms lack direct exit to the outdoors, but are near an exit. The center encourages problem solving, movement, art, music, drawing and writing.

Preschool Nutrition and Practices Observed:

The kitchen was remodeled a few years ago. Snack is served daily. CACFP guidelines should be followed for all snacks and meals. Adequate refrigeration and storage for snacks is available at the church. The children dine family style at snack with staff. Josie Johnson is assisting with nutrition this year. She has Serve Safe training. The Playground application the center utilizes help them pick CACFP approved foods.

Allergy alerts were posted in classrooms where children had food allergies. In the past food allergies and red dye, egg, soy and wheat, and eggs have been noted to be avoided. The refrigerator in the Director's Office contains a thermometer.

Preschool Health and Safety:

The preschool does not administer prescription or non-prescription medication. They will make exceptions, if necessary. This is explained in the handbook. Medications (including sunscreen) are stored in their original containers with physician/pharmacist directions and label intact when on the premises. Medication is stored inaccessible to children. This year one child has an epi pen. The child's plan is hanging in each room she is served in and is taken outdoors with the child. The center has see through first aid bags so the epi pen is easy to see when needed.

Regulations regarding storage and maintenance of a first aid kit were reviewed. Two First Aid Kits were labeled and kept in the office as well. All kits were restocked in September by the Director. Small mobile packs are available for field trips. Tracy has the list of First Aid Kit items by Iowa Department of Public Health. All items from the list should be present.

We reviewed environmental testing and maintenance of necessary detection equipment. The church building contains gas appliances, therefore an annual fuel burning appliances inspection was conducted by Days Heating in January 2026. The preschool is on city water, thus water analysis is not required. Radon testing is required every five years. Radon testing was conducted in 2021 with results lower than 4 pci/L. A non-battery operated carbon monoxide detector was located in the hallway outside the two classrooms. The building was constructed in 1980, so a lead paint assessment is not necessary.

General regulations regarding safety policies and procedures such as tornado and fire drill logs should be completed monthly.

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Paint, glue, cleaning fluids and other toxic material were kept in the Director's office. The program has no pets or plants. We discussed ratio and square feet. We discussed that each child must have 35 square feet of usable floor space per child. Electrical outlets were covered in rooms and in the hallway. On all program visits I observed the classroom and bathroom areas to be tidy and very clean. Staff clean the rooms daily and church staff mop the rooms. The classrooms have newer windows that can open for ventilation. Heating and cooling vents are on the floor and ceiling. Lighting was adequate and provided by both overhead fluorescent lighting as well as from windows. Rooms were spacious and airy. The hallway lighting was updated with new rectangular fluorescent lighting. The hallway further contains emergency lighting and an electric Exit sign by the entry way.

Volunteers should always be under the direct observation of staff. All volunteers and substitutes shall sign a statement indicating whether or not they have one of the following:
a. (1) Conviction of any law in any state or any record of founded child abuse or dependent adult abuse in any state.
(2) A communicable disease or other health concern that could pose a threat to the health, safety, or well-being of the children.
b. (1) Complete form 595-136 DHS Criminal History Record Check, Form B
(2) Complete Form 470-0643, Request for Child Abuse Information.
(3) Sign a statement indicating the volunteer or substitute has been informed of the volunteer??s or substitute's responsibilities as a mandatory reporter. I sent the Director a copy of the volunteer from in December after the visit.

Sanitation policies and procedures were reviewed. Food waste containers were covered. IDPH typically conducts a training annually. Sanitizing and Disinfecting guidelines should be followed and bleach/water mixed daily. A bleach/ water solution is kept in a spray bottle in the office. The bathroom area was very clean and contained a small toilet. Staff assist children in personal hygiene. Children's hands shall be washed: Immediately before eating or participating in food service activity. Adequate toileting supplies were present. A hand washing poster was above the sink.

Preschool Playground:

The children play outdoors in a grassy area and ride tricycles on an asphalt area that is coned off. Play equipment has also been added on the north side of the church in a grassy area. They also use the parking lot area at times with chalk boundaries to play outdoor games. It is a great distance from the road. The Outdoor Weather Watch should be consulted if outdoor play is questionable due to weather conditions. Outdoor play area inspections should be performed monthly. Non commercial play equipment should not be utilized. Any climbing toy over 18 inches tall must have fall surfacing beneath it.

Preschool Transportation Arrangements and Field Trips:

The preschool does not own a vehicle and provides no transportation. Transportation for field trips is provided by a church owned and operated school bus vehicle. The students have exposure to community professionals by interaction with visitors including (dentist, librarian, fireman, rotary club, police officers & lifeguard) and field trips (Bloomfield Public Library, Pioneer Ridge Nature Center, McGowen Farm, Fire Station) and by having school pictures taken by professional photographers. Tracy will do a water safety presentation in May at the local pool.

Preschool Administrative Records:

Child misbehavior is addressed by redirection and short time-out periods of age appropriate length. The program is in compliance with regulations regarding required notices and postings and required written policies provided to parents in the form of a parent handbook. The handbook contains an unlimited access policy and a biting policy. Policies appear to be addressing issues adequately and working for the preschool.

An injury/ accident log is kept and added to the child's file as necessary.

A main parent board hangs in the main entrance to the preschool. It contains current license consultant information, the preschool license, the preschool schedule, curriculum, the preschool newsletter, Calendar of events, and snack list for the month. Near the main parent board are evacuation postings for fire and tornado as well as Emergency Procedure Evacuation Directions. These are also posted in the Rainbow Room. A mandatory reporter posting hangs next to the board. No Smoking signs were posted. Evacuation postings including maps were in both preschool rooms. 911 and Poison Control numbers were posted by the phone.

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Approximately six to ten staff are employed at the center. Staff and child records are mostly complete and well organized. They are reviewed annually. Staff Iowa Criminal background checks are due every 2 years. FBI fingerprints should be updated every 4 years. Staff physicals must be updated every 3 years, CPR/1st Aid training is due every 2 years. Mandatory Reporter training is due every 3 years and professional development must be completed annually. IDPH performs a child immunization audit annually.

Child information reviewed are pick up authorizations, field trip authorizations and dental and medical information. We reviewed compliance with immunizations and physicals as well as file updates. These are now uploaded into Playground.

Annual emergency procedures training is conducted every year. The long term employees conducted the training in June. New employees will complete their training in December.

2. Identify Observed Strengths of the program

The preschool sends a monthly newsletter to parents.

The Davis County Public Health Nurse Pam Frazier visited the Preschool in January and reviewed child files.

Child Care Nurse Consultant with the Lee County Health Department has presented a "Germ Busting" presentation to the preschool in years past. She is available for consultation or for other presentations.

International Eye Care will be coming in March to conduct eye exams on the children.

The preschool visits the public library.

The fire station and a police officer have also visited.

The Center has a Christmas program.

Ratio is a strength at the Preschool.

The Director is a certified water instructor.

The center applied for a Grow Iowa grant for emergency preparedness this year. She was awarded $400.

The program is hoping to give staff wages in 2026.

3. Identify the aspects that fall below the standard

1. 109.6(4)c: Center repeats Iowa record checks at a minimum of every two years or when aware of additional child abuse or criminal history that occurs. The Director indicated SING checks for all 5 employees were completed on 8/6/26. CORRECTED

2. 109.6(4)d: Center repeats national criminal history checks at a minimum of every four years or when aware of additional history that occurs. Staff will not be in ratio until updated fingerprints are scanned or rolled and send off.

3. 109.11(4)a: Center must have safe outdoor program area adjacent to the center, with sufficient square footage to accommodate at least 30 percent of the enrollment capacity at any one time at 75 spear feet per child. Outdoor space must: Be free from litter and unsafe materials and free from contamination by the drainage or ponding of sewage or storm water. Include safe play equipment and an area of shade .Include fencing to protect from bodies of water or vehicular traffic. Three pieces of climbing equipment are not commercial and should not be utilized in licensed childcare.

4. 109.13(1 and 2): Center shall serve each child a full, nutritionally balanced meal as defined by CACFP guidelines. Staff

shall provide supervision at table during snacks and meals. Children at center two hours or longer shall be offered food of not less than two hours and no more than three hours apart unless child is asleep. Menus shall be made available to parents and kept on file with substitutions noted. Avoid foods with high incident rate of causing choking. Some foods served are not CACFP approved. We discussed this and the CACFP Shopper app which states which foods meet CACFP requirements.

The Director stated in emails on 8/6 and 8/7/26, "I'll work with Josie Johnson and plan a better menu for the school season using the app. I also found another great resource for the CACFP menu that's up to date and using the shopper app and Josie will also help me."

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

The center has violations which can be easily corrected.

5. Special Notes/Recommendations

Many improvements have been made to the program in the past years. This is obvious in the decrease in violations. This is duly noted. The program increased hours and capacity as well as services offered in 2021.

Based upon this review, it is recommended that this center remain in Full licensing status. The center is directed to maintain licensing regulations throughout the year. The Director agrees to correct remaining deficiencies listed in Section IV. It is important to note, all HHS licensing standards and procedures must be maintained during the renewal period.

HHS encourages you to contact your local nurse consultant. Iowa Department of Public Health Child Care Nurse Consultants works with child care and early education businesses. Businesses may call or send questions to a child care nurse consultant about health and safety policies, health programs, health of personnel, and specific child health or safety issues.

CCNC Merrill provided the following in 2024:

3/7/2024 Visited center to introduce myself and to explain what services we offer as CCNC's. Gave a welcome packet that included information regarding Childhood Illnesses, lead poisoning and additional resources. Center had a child with peanut/tree nut allergies with an Epi Pen. Suggested the care plan and med record be kept together with the medication and made sure staff felt comfortable with administering the epi pen.
Center had received ARPA funds and wanted to use part of it to upgrade their playground. Suggested fencing would be needed for safety. I encouraged her to keep the design simple. Gave Traci the Public Playground Safety Handbook to use as guidance.
4/3/2024 Performed handwashing with 9 children and 3 adults to help with the prevention of spreading germs.
10/17/2024 Performed handwashing with 22 children and 4 adults to help prevent the spread of germs.

• I have over the past year received several emails asking if different items would be appropriate for the outdoor and indoor play area for daycare. I told her that I could have Mandi Lauderman consult with her on the playground due to her having additional training as a certified playground inspector. She has not reached out to Mandi.
• I have offered to do a training at the center if they would like and gave Traci a list of what we can teach.

Tammy Merrill RN 12/17/2024

HHS encourages you to contact Child Care Resource and Referral Consultant. They offer centers assistance with meeting the HHS regulations, QRS, infant/toddler concerns, room arrangement and environment, developmental concerns, Best Practice information, CDA assistance, or any questions or concerns you may have.

Consultant Karen Lauer provided the following in 2024:

Health and Human Services

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Good Morning,
Below is what I provided in the last year:
Consultation:
• 12.6.23 Quality Improvement Planning and IQ4K
• 1.17.24 Business Practices and Policies and IQ4K
• 3.6.24 Refer/Support to Other Programs and Quality Improvement Planning
• 6.19.24 Quality Improvement Planning and Training Consultation
• 7.23.24 IQ4K, Training Consultation, IQ4K and Refer/Support to Other Programs
• 8.6.24 Training Consultation, Environment and IQ4K
• 10.16.24 IQ4K and Support Licensing
• 10.30.24 Consultation Tool and Support Licensing
Technical Assists:
33 TA's with the following topics
• IQ4K
• Training Consultation
• Refer/Support to Other Programs
• Consultation Tool
• Support Licensing
• Business Policies and Practices
• Quality Improvement Planning
• Environments
We have a visit set for 1.8.25 to review all files.

Karen Lauer
Child Care Consultant
Child Care Resource & Referral of Central Iowa
Orchard Place
klauer@orchardplace.org

Date: 08/10/2026

HHS Licensing Consultant: Jill Seibert

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Care License. Please take steps necessary to completely address each of the violations noted above.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at **https://iowaccrr.org**.