Iowa Department of Human Services
CHILD CARE CENTER EVALUATION AND RECOMMENDATION FOR LICENSE

Name of Center: Bergman Academy **Enrollment:** 48 **License ID No. (Reapplications)** 44805

Street: 100 45th St **City:** Des Moines Iowa **Zip** 50312 **County:** Polk

Mailing Address: 100 45th St, Des Moines, IA, 50312

Director's Name: Bethany Shrestha **Phone Number:** 515-274-0453

On-Site Supervisor(s): **E-Mail:** office@bergmanacademy.org

Date(s) of Visit:

X **Licensing Visit** X **Unannounced Visit** **Off Year Visit** **Administrative Change**

LICENSING VISITS

New Application X **Re-Application** **NA**

Signed Application (470-0722) Received X **Yes** **No** **NA** **Date Signed:** 02-27-2025

FIRE INSPECTION **State** X **Local** **NA** **Is Fire Inspection Approved?** X **Yes** **No** **NA**

Date Inspected: 09-07-2023

Comments :

LICENSE TYPE: X **Child Care** **Preschool (ages 3-5 meets three hours or less per day)**

Financial Type: X Profit Non-Profit NA

Accredition: Accredited NAEYC NSACA Other X NA

Program Serves: Infants (0-23 mo.) 2 Years X Preschool-Age School-Age

Get-Well Evening Care Special Needs

SCHEDULE: Year-round X School-Year Summer Only

HOURS:	*Year-round*	*School-Year*	*Summer Only*

LICENSE CAPACITY	Infants	2 Years	Preschool	School-Age	Capacity
General			60		60
Summer					0

QRS Rating: N/A

RECOMMENDATION FOR LICENSE:	
X	**FULL** license from 04-01-2025 to 04-01-2027
	PROVISIONAL license from
	DENIAL of initial application
	SUSPENSION of license
	REVOCATION of license

Licensing Consultant: Melinda Larson, Child Care Licensing Consultant **Date:** 04-08-2025

I. IF CURRENT LICENSE IS PROVISIONAL, IDENTIFY THE CORRECTIVE ACTIONS

II. IDENTIFY THE AREAS OBSERVED ON THE VISIT:

This preschool has been open for many years. The preschool is located within Bergman Academy. The school has a secured entrance. The preschool serves children ages three to five years of age. The preschool uses four classrooms for programming. The preschool also uses the school's gym and the outdoor area, as well as a city park that is located right beside the school's property. Bethany Shrestra is the listed director of the center. Bethany is the lead teacher in the Explorers class. She has been a teacher at the school since 2021.

An unannounced visit was completed on today's date. All areas subject to HHS licensing rules were reviewed. Mandatory postings are in place by the preschool classrooms. Schedules are posted in the classrooms. Weekly classroom lesson plans and updates are sent to parents weekly. Classrooms are well supplied with age appropriate furnishings, learning and play materials. The preschool uses bathrooms located beside the preschool classrooms. Children's belongings are kept in cubbies in the hallways outside the classrooms.

Staci Shabino, the office manager, assisted with today's visit. Staci manages the administrative records. There are three preschool classrooms. There is a fourth classroom that is an art studio. Each classroom has two teachers. There is a teacher associate that rotates within the classrooms. The Adventurers are children that are 3/4's. The Explorers and Pathfinders are children that are 4/5's. The Adventurers had thirteen children present. The Pathfinders had seventeen children present. The Explorers had sixteen children present. Children were observed in the classrooms and outdoors today. Children were observed during various activities. Lunch time was also observed. Interactions between the staff are children was positive throughout the visit.

Children bring their own lunches. The center provide the parents a list with CACFP information for credible food for the lunches. Snacks are provided by the center. Snacks provided meet CACFP requirements. Food storage is sufficient.

The school uses the city park located right beside the school for a playground. They also use the school's property and parking lot for outdoor play. The center completes monthly playground checks for the city park.

The preschool takes some off site field trips. Parents take their own children to the field trips and remain with their children during the field trips.

III. IDENTIFY THE OBSERVED STRENGTHS OF THE CENTER:

The classrooms are well furnished with age appropriate supplies, toys and learning materials. Some teachers and staff have

been employed at the school for many years. The center has a garden that children are able to assist with.

IV. IDENTIFY THE ASPECTS OF OPERATION THAT FALL BELOW THE STANDARDS REVIEWED:

109.10(3)c: For ongoing, long term medications, authorization shall be obtained for a period not to exceed the duration of prescription.
A child's epi pen was expired.

109.12(4): Sufficient toilet articles are provided for handwashing.Sufficient and safe indoor play equipment, materials, and furniture that conforms with CPSC or ASTM.Play equipment, materials, and furniture meet the developmental, activity, and special needs of the children.Room's arrangement does not obstruct the direct observation of children.Individual covered mats, beds, or cots, and appropriate bedding is provided for all children who nap.
The center was using cots that were thin, similar to a yoga mat. The recommended thickness of mats is at least two inches thick, three to four inch mats are preferable.

V. SPECIAL NOTES/RECOMMENDATIONS:

The center has a full license.

*Note: If you are the Child Care Center Director and you feel something is unclear or unjustly cited, please contact me (phone 515-362-7823; email melinda.larson@hhs.iowa.gov) so that we may discuss the issue. If necessary, I can make a notation
in your record. You may also send a letter that will be included in your licensing file noting any disagreement you may have with this report. If you have the need for any additional information discussed during my visit, please contact me and I will forward the information to you. Thank you.

*Note: If you are a member of the general public, there may be additional information contained in the public file. You may contact the DHS Licensing Consultant to inquire.

*Note: If you are the Child Care Center Director and you feel something is unclear or unjustly cited, please contact your DHS Licensing Consultant to discuss the issue. The child care director may also send a response which will be placed in the licensing file.

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