Iowa Department of Health And Human Services

CHILD CARE CENTER ANNUAL EVALUATION

Name of Center: Lifechangers Academy Woodbury

Provider No.: 52486

Address: 528 Woodbury AVE, Council Bluffs, IA, 51503

County: Pottawattamie

Director's Name: Marissa Douglas

On-Site Supervisor:

Phone Number: 7123183976

E-Mail: marissa@lifechangersacademy.org

HHS Visit Date: 10/31/2025

Licensing Period: 06/01/2024 to 06/01/2026

Fire Inspection:

Date Inspected: 08/03/2023

Comments:

Report Visit Type:

- [ ] PTO
- [ ] Licensing Visit
- [X] Drop In
- [ ] Administrative Change

License Type:

- [X] Full
- [ ] Provisional

Quality initiative:

- [ ] Accrediation

Program Duration:

- [X] Year-Round
- [ ] School Year
- [ ] Summer Only

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Program Population Served:

- [X] Infant(0-<24 Months)
- [X] Toddler
- [X] PreSchool
- [X] School Age
- [X] All Ages

LICENSE CAPACITY	Infants	2 Years	Preschool	School-Aged	Capacity
General	9	9	15	5	38
Summer					0

1. Basic Overview

An unannounced licensing visit was made to Lifechangers Academy Woodbury on 10/31/25. The center is a one-story building located near the parking area of the Woodbury Pines Apartments. Child care is offered to infants to school age children from 7:00 AM to 5:00 PM Monday through Friday. Marissa Douglas is the director. She has over 20 years of experience working in child care. Marissa is going to college for early childhood education and administration. Lifechangers Academy has three locations in Omaha, Nebraska. The center opened on 6/25/24. Marissa met with me during my visit.

Observation of rooms:
The center looks nice and is furnished with age-appropriate toys and equipment. The toys are rotated on a frequent basis. There are two programming rooms, but only one was being used at the time of my visit. The other room is for school-aged children who were not present during my visit as they were in school. There were five children and two staff present. There were two infant-aged children and the other three children were over age two. Initially, the children were combined. I referred Marissa to review the ratio and age separation information that was previously given to her. The children were having fun playing. The two staff that were with the children had excellent interaction with the children. They were nurturing and attentive to the needs of the children. The center has lesson plans/activities, but they were not posted. Lifechangers Academy has a curriculum coordinator, but the teachers modify the plans as needed. Daily sheets are on the Child Pilot App. Daily written records are maintained for each child under two years of age and include time periods slept, amount of/time food consumed, time/irregularities of elimination patterns, general disposition, and general summary of activities.

Nutrition:
The meals are prepared onsite. Please be aware if a staff person is in the kitchen preparing food, they are not considered in ratio. The menu was not posted, but they do have a menu in the kitchen. There were no thermometers in the refrigerator/freezer. Food was not properly sealed. Marissa said they follow the CACFP food program guidelines even though they aren't on the federal food program.

Health and safety:
Marissa reported they complete fire and tornado drills, but she could not produce documentation. Radon testing will need to be completed within the first year of licensing. Radon testing is required in all programming rooms - rooms where the children are. The radon test results must be under 4.0 pCi/L. Marissa reported she has completed the testing and sent it off for analysis, but she has not yet received the results. Marissa reported they have all electrical appliances. Bleach/water is being used for sanitizing. Please refer to your specific EPA approved bottle of bleach for mixing instructions. The center has test strips for the bleach water to make sure it is being mixed correctly. Family Guard is used for disinfecting. It has a 60 second dwell time. Sanitizing is for food surface areas i.e. tabletops, highchairs, and hard surface toys. Disinfecting is for

the diaper changing stations. You will need to follow the three-step bottle procedure for both sanitizing and disinfecting 1. Soap/water for cleaning, 2. Water for rinsing and 3. Your EPA and child care approved product for sanitizing and disinfecting. Bleach water needs to be mixed new every day. Toys are sanitized daily and disinfected weekly. The center was not using a separate trash can for diapers. Please make sure a separate trash can with a lid is used for soiled diapers. The children have cots for napping. Sheets are washed weekly. No children were on medication. Make sure you have all of the required emergency policies. Diagrams and emergency numbers were not posted. Please post emergency diagrams and emergency numbers. Diagrams should be posted in each programming room and by the exit doors. The center has diapering and handwashing procedures posted. There was a first aid kit.

Playground:
There is a fenced playground area. Marissa reported they do monthly playground inspections, but she could not provide documentation. Please begin documenting the monthly playground safety inspections. Wood mulch is used for surfacing.

Transportation:
The center doesn't provide daily transportation services.

Administrative records:
Children's files were read and were in excellent order. Two staff files were read and were in excellent order.

2. Identify Observed Strengths of the program

Marissa is excited about Lifechangers Academy Woodbury in Council Bluffs, Iowa. She is learning the DHHS licensing rules of Iowa. Staff members had excellent interactions with the children. Marissa is very positive and welcomes assistance from resources i.e. Child Care Resource and Referral and the child care nurse consultant. Marissa is working hard to grow enrollment at the center. Two staff members are training to become onsite supervisors.

3. Identify the aspects that fall below the standard

109.10(13)b: Emergency instructions, phone numbers, and diagrams for fire, tornado, and flood shall be visibly posted and documented at least once a month for fire and tornado. Records shall be maintained for current and previous year.

109.11(4)b: Record of monthly inspections of outdoor recreation area and equipment shall be kept.

109.11(8)b: Centers at ground level that use basement area as program space, or have a basement beneath program space: Testing and plan for remedy of radon is conducted.

109.12(4)a: A safe and properly equipped area is provided for infants that does not allow for intrusion by children over two years of age. Children over age two who remain in the infant area are placed at the recommendation of a physician or AEA due to a significant developmental delay. Children are placed for a limited time with HHS approval if doing so does not pose a threat to the infants.

109.13(5)a: Sufficient refrigeration appropriate to perishable food is provided.

109.13(5)b: Sanitary and safe methods in food preparation, serving, and storage sufficient to prevent transmission of disease, infestation, and spoilage are followed. Staff preparing food that have injuries on hands wear protective gloves .Staff serving food use clean serving utensils and have clean hands/wear protective gloves.

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

5. Special Notes/Recommendations

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A full license is recommended for 6-1-2024 to 6-1-2026.

A referral to Child Care Resource and Referral will be made to address areas that fall below standards and to assist with creating a licensing binder.

109.10(13)b: Emergency instructions, phone numbers, and diagrams for fire, tornado, and flood shall be visibly posted and documented at least once a month for fire and tornado. Records shall be maintained for current and previous year. Please post emergency diagrams in every room and by all doors. Please post a list of emergency phone numbers.

109.11(4)b: Record of monthly inspections of outdoor recreation area and equipment shall be kept. Please complete monthly inspections of the outdoor play area and equipment and keep records of the inspections.

109.11(8)b: Centers at ground level that use basement area as program space or have a basement beneath program space: Testing and plan for remedy of radon is conducted. Please complete radon testing if it has not been done so already. If you have completed radon testing, please keep record of the results. Please follow licensing guidelines regarding frequency of testing and what to do if the reading is above 4.0 pCi/L.

109.12(4)a: A safe and properly equipped area is provided for infants that does not allow for intrusion by children over two years of age. Children over age two who remain in the infant area are placed at the recommendation of a physician or AEA due to a significant developmental delay. Children are placed for a limited time with HHS approval if doing so does not pose a threat to the infants. Please follow ratio guidelines. A 12-month-old should not be in the same room as children two and over. Please contact myself or CCR&R if you need assistance with understanding age requirements and ratio.

109.13(5)a: Sufficient refrigeration appropriate to perishable food is provided. Please make sure there are thermometers in the refrigerator and freezer.

109.13(5)b: Sanitary and safe methods in food preparation, serving, and storage sufficient to prevent transmission of disease, infestation, and spoilage are followed. Staff preparing food that have injuries on hands wear protective gloves. Staff serving food use clean serving utensils and have clean hands/wear protective gloves. Please follow safe food storage guidelines. All food should be stored in an airtight container after opening.

Date: 11/07/2025

HHS Licensing Consultant: Tausha Bottorff

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Care License. Please take steps necessary to completely address each of the violations noted above.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at **https://iowaccrr.org**.