Health and Human Services

Iowa Department of Health And Human Services

CHILD CARE ANNUAL EVALUATION

Business Name: Martha Cristales

Provider Name: Martha Cristales

Provider No.: 27871

Address: 1430 Stewart ST, Des Moines, IA, 50316

E-Mail:

County: Polk

Phone Number: 5155540081

- [ ] Pre-Inspection Date:
- [ ] Approval Date:
- [X] Annual Visit Date: 8/21/2026

Program Type:

- [ ] Registered Child Development Home A (guidelines for ratios on all categories)
- [ ] Registered Child Development Home B
- [X] Registered Child Development Home C
- [ ] Registered Child Development Home C1
- [ ] Non Registered Child Care Homes accepting CCA

Program Population Served:

- [ ] Infant(0<24 mos)
- [ ] Toddler
- [ ] PreSchool
- [ ] School Age
- [X] All Ages

1. Basic Overview

Martha Cristales has been a registered childcare provider since December of 2008. This category allows Martha to have 8 children in care at one time. Martha does not have an assistant or substitute for her program at this time. There are two older pet dogs in the Child Development Home. Martha is available for care Monday through Saturday 24 hours a day 6 days a week.

2. Identify Observed Strengths Of The Program

Martha is an experienced childcare provider. Martha's home is clean, sanitary, and appropriate for childcare. The home has dedicated spaces which are furnished with children's furniture, toys, books, and cribs. There are toys and objects which

encourage children to develop large and small motor skills. The providers follow a structured routine which children can predict their environment and activities. The children have group activities, free-play, and access to media. There is a large, fenced backyard. The backyard is furnished with playground equipment encouraging large and small motor skill development. Martha has completed her required trainings as reviewed by the Registration Unit. Martha has completed Safe Sleep training; this worker reviewed the policy with her and gave her an informational flyer. Martha will implement the practice when she has children 12 months or younger in her care. Martha uses Time Out and redirection as her primary behavioral interventions when needed. Corporal punishment is not practiced in the Child Development Home. Children in Martha's care will receive regular meals and snacks as appropriate. Martha's provider file and individual child's files are complete, organized, and easily accessible.

3. Identify The Aspects That Fall Below The Standard

All dogs and cats have annual examinations. Records of the exams are on file and must verify that routine immunizations are current and animal is free of endo and ecto parasites.
Form 470-5153, Pet Health Examination Veterinary Health Certificate, is on file.
110.8 (4) b : Procedures are in place for:Evacuation to safely leave the facility,Relocation to a common, safe location after evacuation,Shelter-in-place to take immediate shelter where the child is when it is unsafe to leave that location due to the emergent issue,Lock down to protect children and providers from an external situation,Communication and reunification with families,Continuity of operations, andProcedures to address the needs of individual children, including those with functional or access needs.

1. Smoke detectors need to be tested monthly and Fire/Tornado drills need to be conducted and documented. This worker left a form to document the tests and drills.

2. DHHS Pet Vet Forms need to be done yearly. Provider communicated she has communicated with the Vet and the forms will be completed in October of 2026.

3. The Emergency Preparedness Plan needs to be updated and easily accessible. This worker has emailed a fillable Emergency Preparedness Plan template to use. Your CCR&R Worker can assist with this update if needed.
Have procedures in place for the following:
• Evacuation to safely leave the facility
• Relocation to a common, safe location after evacuation
• Shelter-in-place to take immediate shelter where you are when it is unsafe to leave that location due to the emergent issue
• Lock down protocol to protect children and providers from an external situation
• Communication plan and plans for reunification with families
• Plans for the continuity of operations
• Procedures to address the needs of individual children, including those with functional or access needs

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

None.

5. Special Notes/recommendations

I encourage you to work with your Child Resource and Referral Worker (Roxana Sixtos 515-202-1310) with any compliance or training efforts.

A copy of the updated Emergency Preparedness Plan needs to be sent to this worker within 30 days of receiving this letter.

The other corrections need to be completed by 10/26/2026 and will be reviewed on your next annual compliance check.

If you have any questions regarding this letter, please contact me at 515-601-9469 or jake.aringdale@hhs.iowa.gov.

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HHS Child Development
Home Compliance Worker: Jake Aringdale Date: 8/21/2026

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Development Home Registration. Please take whatever steps are necessary to completely address each of the violations noted above. It is essential you correct all above-mentioned violations.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at