Health and Human Services

Iowa Department of Health And Human Services

CHILD CARE CENTER ANNUAL EVALUATION

Name of Center: Adventure-Life Preschool

Provider No.: 28356

Address: 1700 8th St SW, Altoona, IA, 50009

County: Polk

Director's Name: Tiffany Bergman

On-Site Supervisor:

Phone Number: 5159578981

E-Mail: preschool@adventurelife.org

HHS Visit Date: 02/17/2026

Licensing Period: 03/01/2026 to 03/01/2028

Fire Inspection:

Date Inspected: 01/23/2024

Comments: 2/12/24 - date of compliance

Report Visit Type:

- [ ] PTO
- [X] Licensing Visit
- [ ] Drop In
- [ ] Administrative Change

License Type:

- [X] Full
- [ ] Provisional

Quality initiative:

Quality Rating: 1

- [ ] Accrediation

Program Duration:

- [ ] Year-Round
- [X] School Year
- [ ] Summer Only

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HOURS:	*Year-round*	*School-Year*	*Summer Only*
Sunday			
Monday		9:00 AM to 2:00 PM	
Tuesday		9:00 AM to 2:00 PM	
Wednesday		9:00 AM to 11:30 AM	
Thursday		9:00 AM to 2:00 PM	
Friday		9:00 AM to 11:30 AM	
Saturday			

Program Population Served:

- [ ] Infant(0-<24 Months)
- [ ] Toddler
- [X] PreSchool
- [ ] School Age
- [ ] All Ages

LICENSE CAPACITY	Infants	2 Years	Preschool	School-Aged	Capacity
General			71		71
Summer					0

1. Basic Overview

Adventure Life Preschool has been in operation since 1988. The center is located in the Adventure Life Reformed Church and is owned and operated under the church's governing board. The center uses several classroom areas for programming. The preschool has a secured entrance. This preschool is for children ages three through five years. Tiffany Bergman is the director. Tiffany has been the director since September 2023. Tiffany worked at the preschool for several years previously then returned to the preschool as director in the fall of 2023.

An unannounced visit was completed today. All areas subject to HHS licensing rules were reviewed. Mandatory postings are in place at the preschool's entrance. Each class has it's own schedule and current lesson plans posted. Each classroom has age appropriate furnishings, supplies, toys and interest centers in place. The center has an additional classroom that is used for large motor play activities.

Tiffany assisted with today's visit. The Lunch and Learn Class was in session during today's visit. There were four children in one classroom, a group of 3/4's. There were two staff with this class. There were seventeen children in the other classroom, a group of 4/5's. There were two staff with this group. Children were observed during lunch, during transition times and during child directed activities.

The center serves snack during programming. Children who attend the Lunch and Learn bring their own lunches. The center provides parents with a list of lunch requirements and offer CACFP credible food items when needed.

The center has an outdoor playground. There is fencing around the playground. The center has completed monthly playground checks.

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The center does not provide transportation. The center walks to off site field trips or parents transport their own children.

2. Identify Observed Strengths of the program

The center participates in IQ4K. The church is very supportive of the preschool. The preschool's classrooms have well supplied interest centers. The preschool has an outdoor playground.

3. Identify the aspects that fall below the standard

There were no licensing violations cited during today's visit.

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

NA

5. Special Notes/Recommendations

The center has a full license.

*Note: If you are the Child Care Center Director and you feel something is unclear or unjustly cited, please contact me (phone 515-362-7823; email melinda.larson@hhs.state.ia.us) so that we may discuss the issue. If necessary, I can make a notation in your record. You may also send a letter that will be included in your licensing file noting any disagreement you may have with this report. If you have the need for any additional information discussed during my visit, please contact me and I will forward the information to you. Thank you.

*Note: If you are a member of the general public, there may be additional information contained in the public file. You may contact the DHS Licensing Consultant to inquire.

Date: 02/19/2026

HHS Licensing Consultant: Melinda Larson, Child Care Licensing Consultant

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Care License. Please take steps necessary to completely address each of the violations noted above.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at **https://iowaccrr.org**.