Health and Human Services

Iowa Department of Health And Human Services

CHILD CARE CENTER ANNUAL EVALUATION

Name of Center: Cadence Academy Preschool - Urbandale

Provider No.: 27551

Address: 3054 NW 86th St, Urbandale, IA, 50322

County: Polk

Director's Name: Theresa Anderson

On-Site Supervisor: Interim Sandra Villanueva

Phone Number: 5152701426

E-Mail: director.urbandale@cadence-academy.com

HHS Visit Date: 09/17/2026

Licensing Period: 12/01/2026 to 12/01/2028

Fire Inspection:

Date Inspected: 12/07/2023

Comments: Fire inspections are due at least every three years. Fire inspector compliance date 12-7-23.

Report Visit Type:

- [ ] PTO
- [X] Licensing Visit
- [ ] Drop In
- [ ] Administrative Change

License Type:

- [X] Full
- [ ] Provisional

Quality initiative:

Quality Rating: 3

- [ ] Accrediation

Program Duration:

- [X] Year-Round
- [ ] School Year
- [ ] Summer Only

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HOURS:	*Year-round*	*School-Year*	*Summer Only*
Sunday			
Monday	6:30 AM to 5:30 PM		
Tuesday	6:30 AM to 5:30 PM		
Wednesday	6:30 AM to 5:30 PM		
Thursday	6:30 AM to 5:30 PM		
Friday	6:30 AM to 5:30 PM		
Saturday			

Program Population Served:

- [X] Infant(0-<24 Months)
- [X] Toddler
- [X] PreSchool
- [ ] School Age
- [ ] All Ages

LICENSE CAPACITY	Infants	2 Years	Preschool	School-Aged	Capacity
General					0
Summer	32	30	64		126

1. Basic Overview

An unannounced licensing visit was conducted 9/17/26; Theresa Anderson (director) was present for the entire visit.

This center is part of the Cadence organization which has centers located throughout the metro area. Each site has a director who meets the 100 points, and an assistant director who meets the 75 point requirement. Theresa Anderson is the director and has been with this company since 1996. Sandra Villanueva is the interim Assistant Director.

This center has sole occupancy of this two-story walk out building and offers traditional child care for infants through pre-school age. They do not offer school age care. This year, the center update the room assignments for older children, placing a room on the lower level in use with a capacity of 32, while a general use area on the upper level adjacent to the kitchen is no longer used as a classroom but has open space. The capacity was reduced slightly with the new room arrangement.

The center hours are from 6:30 am to 5:30 pm.

Cadence Academy utilizes the ascend curriculum and Kaymbu application to communicate with parents. The classrooms offer a variety of learning centers and toys, which were nicely arranged. The infant room was having a bottle, playtime or diaper changes; and the babies were content. There was discussion to ensure all children, including those still in diapers are washing their hands after using the restroom or diaper change. The older children were in the midst of eating lunch and were also content.

Cadence Academy Preschool-Urbandale offers morning snack, Lunch and afternoon snack. The menus are in-line with CACFP guidelines for healthy eating. The children eat family-style in their classroom with staff participating and

supervising closely. Meals and snacks are prepared on-site and fresh daily. Menus are available in advance.

There are two outdoor playground areas for large motor play, divided by ages and enclosed. There is a small indoor area that large motor play could take place as well. There is medium sized play equipment that is aging and the center is wanting to replace. The director did remove some litter from the outdoor playground before children had access.

Transportation: the center does not provide transportation at this time.

2. Identify Observed Strengths of the program

This center has attained IQ4K Level 3 (Iowa Quality for Kids (IQ4K®) is Iowa's Quality Rating and Improvement System (QRIS) for Department of Health and Human Services (HHS) licensed Child Care Centers and preschools, registered Child Development Homes and programs operating under the authority of an accredited school district or nonpublic school. IQ4K® provides five levels of quality (building blocks) that programs can achieve and continue to improve upon)

This center has maintained their NAEYC accreditation.

This center takes children on a part time basis which is a benefit to families.

The center continues to partner with the Urbandale school district for the universal preschool program.

The center uses an app for daily contacts which supports on-going communication with parents.

The center has a secure entrance and video surveillance.

Cadence Acad-Urbandale participates in TEACH (Teacher Education and Compensation Helps) is a comprehensive scholarship program that provides the early childhood workforce access to educational opportunities and is helping establish a well-qualified, fairly compensated and stable workforce for our children.

The center also participates in Child Care WAGE$® Iowa (WAGE$) is a salary supplement program offered by Iowa AEYC. WAGE$ works hand-in-hand with TEACH Early Childhood® Iowa.

3. Identify the aspects that fall below the standard

109.9(2)i: Preschool (for children five years and younger not enrolled in school): Physical exam report submitted within 30 days of admission, was obtained no more than 12 months prior to admission, is signed by a licensed MD, DO, Chiropractor, PA, or ARNP, and contains health history; present health status including allergies, medications, and acute/chronic conditions; and recommendations for continued care if necessary.

109.11(3)a: Center shall ensure that:Facility and premises are sanitary, safe, and hazard free.Sufficient lighting shall be provided.Sufficient ventilation.Sufficient heating.Sufficient cooling.Equipment placed in the program area is maintained so as not to result in injury to the children.

109.12(4)b: Each infant and toddler shall be diapered in a sanitary manner as frequently as needed at a central diapering area. Diapering, sanitation, and hand-washing procedures shall be posted and implemented in every diapering area. There shall be at least one changing table for every 15 infants.

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

109.9(2)i: Preschool (for children five years and younger not enrolled in school): Physical exam report submitted within 30 days of admission, was obtained no more than 12 months prior to admission, is signed by a licensed MD, DO, Chiropractor, PA, or ARNP, and contains health history; present health status including allergies, medications, and acute/chronic conditions; and recommendations for continued care if necessary.

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A child file reviewed did not have on file physical exam or immunizations post-30 day admission. The director will seek the information of the family and possibly not allow attendance unless/until the physical exam and immunization documentation has been provided/verified.

109.11(3)a: Center shall ensure that:Facility and premises are sanitary, safe, and hazard free.Sufficient lighting shall be provided.Sufficient ventilation.Sufficient heating.Sufficient cooling.Equipment placed in the program area is maintained so as not to result in injury to the children.
-There is a toilet seat in the upstairs boys bathroom with a disintegrated seal/covering on the toilet seat.
_The director indicated a request for maintenance and replacement will be submitted
-The director did have to remove litter from the outdoor play area

109.12(4)b: Each infant and toddler shall be diapered in a sanitary manner as frequently as needed at a central diapering area. Diapering, sanitation, and hand-washing procedures shall be posted and implemented in every diapering area. There shall be at least one changing table for every 15 infants
-During the licensing visit; in the infant and toddler room, it was observed that children were not having hands washed after diaper changes
-The director intervened when the observation was made and will ,continue to remind staff of the need to wash hands of the children after diaper change

5. Special Notes/Recommendations

A full two year license is recommended.

Radon testing was completed from 12/1 -5/2025; all levels were below 4.0. In 2015 the center installed a mitigation system and radon testing every two years is required. The director will complete the testing and provide results to licensing.

The heating, ventilation and Air Conditioning (HVAC) record keeping is completed at the corporate level and the director would obtain those inspection records to provide to licensing.

Targeted Assessment: Behavior Management
I discussed with the center director their oversight of behavior management related to helping childcare staff: 1) Understand expectations, 2) managing frustrations, 3) monitor performance. This center has completed PBIS training which is meant to assist with behavior management techniques.

Date: 09/22/2026

HHS Licensing Consultant: Maggie Gibson, SWIV

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Care License. Please take steps necessary to completely address each of the violations noted above.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at **https://iowaccrr.org**.