IOWA
Health and Human Services

Iowa Department of Health And Human Services

CHILD CARE ANNUAL EVALUATION

Business Name: Karen Holmes

Provider Name: Karen Holmes

Provider No.: 27285

Address: 4049 43rd ST, Des Moines, IA, 50310

E-Mail:

County: Polk

Phone Number: 5154801170

- [ ] Pre-Inspection Date:
- [ ] Approval Date:
- [X] Annual Visit Date: 6/8/2026

Program Type:

- [ ] Registered Child Development Home A (guidelines for ratios on all categories)
- [ ] Registered Child Development Home B
- [X] Registered Child Development Home C
- [ ] Registered Child Development Home C1
- [ ] Non Registered Child Care Homes accepting CCA

Program Population Served:

- [ ] Infant(0<24 mos)
- [ ] Toddler
- [ ] PreSchool
- [ ] School Age
- [X] All Ages

1. Basic Overview

Karen Holmes has been a registered provider since April of 2009. Karen is currently a category "C1" Child Development Home Provider. this allows Karen to have 8 children in care at one time. Karen does not have a substitute or assistant for her program. There is one pet cat in the home. Karen does not provide transportation for families in her care. Karen is available for care Monday through Friday from 7am to 5pm. Karen works with all ages of children. Karen's renewal time is in March of 2027.

2. Identify Observed Strengths Of The Program

Karen is an experienced childcare provider. Karen is current with her required trainings reviewed by the Registration Unit. Karen has dedicated spaces in the home to childcare. These spaces are furnished with children's furniture, educational items,

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toys, books, and media. There is a fenced backyard with playground equipment that encourages large and small motor development. In the basement there is a walkout to the outside space children can access when the weather allows. Karen follows a daily schedule including naps, snacks, meals, free-play, and group activities depending on the age of children in care. Karen has completed Safe Sleep training, and this worker reviewed the policy with her. Karen implements the practice when she has a child 12 months or younger in her care. Karen uses redirection and processing behavior choices when intervention is needed. Corporal punishment is not practiced in the Child Development Home. Karen participates with the Food Program. Children in her care receive regular meals and snacks as appropriate. Karen's provider file and individual child files are complete, organized, and easily accessible.

3. Identify The Aspects That Fall Below The Standard

110.8 (4) b : Procedures are in place for:Evacuation to safely leave the facility,Relocation to a common, safe location after evacuation,Shelter-in-place to take immediate shelter where the child is when it is unsafe to leave that location due to the emergent issue,Lock down to protect children and providers from an external situation,Communication and reunification with families,Continuity of operations, andProcedures to address the needs of individual children, including those with functional or access needs.

1. The Emergency Preparedness Plan needs to be updated. I emailed a blank Emergency Preparedness Plan Template that is fillable. Please complete the form and send me a copy of the updated plan within 30 days of receiving this letter. Your Child Care Resource and Referral Worker a can assist you if needed.

Have procedures in place for the following:
• Evacuation to safely leave the facility
• Relocation to a common, safe location after evacuation
• Shelter-in-place to take immediate shelter where you are when it is unsafe to leave that location due to the emergent issue
• Lock down protocol to protect children and providers from an external situation
• Communication plan and plans for reunification with families
• Plans for the continuity of operations
• Procedures to address the needs of individual children, including those with functional or access needs

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

None.

5. Special Notes/recommendations

I encourage you to work with your Child Care Resource and Referral Worker (Brittany Wyld 515-202-7122) with any compliance or training efforts.

If you have any questions regarding this letter, please contact me at 515-601-9469 or jake.aringdale@hhs.iowa.gov.

6. ADDENDUMS:

- Addendum1: Karen Holmes emailed an updated Emergency Preparedness Plan that meets Targeted Expectations.

This Addendum is approved by supervisor on 6/29/2026

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HHS Child Development
Home Compliance Worker: Jake Aringdale Date: 6/10/2026

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Development Home Registration. Please take whatever steps are necessary to completely address each of the violations noted above. It is essential you correct all above-mentioned violations.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at