Health and Human Services

Iowa Department of Health And Human Services

CHILD CARE ANNUAL EVALUATION

Business Name: Helen Sando

Provider Name: Helen Sando

Provider No.: 46142

Address: 3501 Brook View DR, Des Moines, IA, 50317

E-Mail:

County: Polk

Phone Number: 5152570826

- [ ] Pre-Inspection Date:
- [ ] Approval Date:
- [X] Annual Visit Date: 9/14/2026

Program Type:

- [ ] Registered Child Development Home A (guidelines for ratios on all categories)
- [X] Registered Child Development Home B
- [ ] Registered Child Development Home C
- [ ] Registered Child Development Home C1
- [ ] Non Registered Child Care Homes accepting CCA

Program Population Served:

- [ ] Infant(0<24 mos)
- [ ] Toddler
- [ ] PreSchool
- [ ] School Age
- [X] All Ages

1. Basic Overview

Helen Sando is a CDH Category B provider, living in Des Moines. She has been a registered daycare provider since 2021. Helen has one approved child care assistant. Helen lives in a 2 story house but only the main floor for her child care operation.

2. Identify Observed Strengths Of The Program

Helen Sando is currently only providing care for 3 children, ages 2 years old to 6 years old. Helen currently offers 24 hour care, but is not currently watching any children overnight. Helen said the daycare children like to play in the backyard and the neighborhood park. Helen uses timeout and "rest" time for discipline. Helen said the daycare children like to play with

CHILD CARE ANNUAL EVALUATION

toys and Helen has educational posters hanging on the walls in the playroom. Helen has both pack and plays and toddler beds. The pack and plays are used for infants.

3. Identify The Aspects That Fall Below The Standard

Your mandatory reporter training was expired.
Number for each child's parent, a person who can be reached when the parent cannot and child's physician is written on paper and readily accessible by the working telephone.
Each smoke detector is tested monthly, and a record is kept for inspection purposes.
Any medication provided to a child shall be recorded indicating the name of the medication, date, time, and amount given.
Fire and tornado drills are practiced monthly and documentation kept on file for the current year and previous year.
110.9 (1) a : Within six months of becoming registered, a physical exam report documented on form 470-5152, Child Care Provider Physical Examination Report, for all household members over the age of 18. Physical exams should be repeated every three years.
Within six months of becoming registered, children 18 years of age or younger residing in the household must have:Admission physical exam report.Immunization certificate.For school age: Documentation of physical exam completed at time of school enrollment or since that time.
110.9 (1) b : Documentation from the Department confirming record checks have been completed and authorizing or limiting the person's involvement with child care.
110.9 (2) b : Within six months of approval, a Physical exam report documented on form 470-5152, Child Care Provider Physical Examination Report, which is repeated at least every three years.
110.9 (2) c : Certification of two hours of approved training relating to identification and reporting of child abuse within six months of employment.
110.9 (4) a : Identifying information including, at a minimum, the child's name, birth date, parent's name, address, telephone number, special needs of the child, and the parent's work address and telephone number.
110.9 (4) b : Emergency information including where the parent can be reached, the name, street address, city, and telephone of the child's regular doctor, and the name, telephone number, and relationship to the child of another adult available in case of emergency.
110.9 (4) c : A signed medical consent from the parent authorizing emergency treatment.
110.9 (4) d : For infants and preschoolers: An admission physical examination, on the first day of attendance, including past health history, status of present health, allergies and restrictive conditions, and recommendations for continued care when necessary. The date of the exam is not more than 12 months before the child's first day of attendance.
For school-aged children: On the first day of attendance, a statement of health status signed by the parent or legal guardian or admission physical examination that is not more than 12 months from the child's first day.
110.9 (4) e : For infants and preschoolers: A statement of health signed by a physician submitted annually.
For school aged children: An annual statement of health condition signed by the parent or legal guardian, annually from date of statement of health or admission physical.
110.9 (4) f : For each school-age child, record of a physical exam completed at the time of school enrollment or since.
110.9 (4) g : A signed and dated immunization certificate provided by the state Department of Public Health.
110.9 (4) i : Documentation signed by the parent which names persons authorized to pick up the child, their telephone number, and relationship to the child.
110.9 (4) j : Written permission from the parent(s) for their child to attend activities away from the child development home.
110.9 (4) k : Injury report forms to document injuries requiring first aid or medical care.

4. Any corrective action plans, provisional license, and safety plans-steps to get into compliance

1. Your mandatory reporter training has expired. CCR&R can assist with finding trainings if you need help.
2. Number for each child's parent, a person who can be reached when the parent cannot and child's physician is written on paper and readily accessible,
3. You had a smoke detector that is beeping. Please make this a priority.
4. You said you give a child a daily medication. We discussed you need to log on paper, each time you give the medication to the child.
5. Fire and tornado drills need practiced monthly. Record of these drills need kept for inspection purposes.
6. All household members over the age of 18 years old need updated physicals. Physicals need to be completed on the state required form and updated every 3 years.
7. All household members need updated physicals. Physicals may be completed on any medical form.
8. Your assistant needs updated physical completed on the state required form and updated every 3 years.

CHILD CARE ANNUAL EVALUATION

9. Please make a file for your assistant that contains their training certificates and physical.
10. At the time of my visit, your adult daughter was present, cooking in the kitchen. She does not live in your home, but we discussed adding her as a household member, so she can come over and help you with cooking.
11. Please review all daycare children files to ensure they have the required documentations- emergency contact information, pick up and drop off information, emergency medical consent, current physical and immunization records. Physicals need updated yearly.

5. Special Notes/recommendations

I encourage you to continue working with Katie from Child Care Resource and Referral for any ongoing compliance or training needs.
Katie: 515-246-3551 Ext. 2333 Work Cell 515-631-2913.

Emergency preparedness plan met targeted expectations.

HHS Child Development
Home Compliance Worker: Ellen Abbott Date: 9/17/2026

Non-compliance with any of the mandated regulatory requirements listed above may lead to the cancellation or revocation of your Child Development Home Registration. Please take whatever steps are necessary to completely address each of the violations noted above. It is essential you correct all above-mentioned violations.

Child Care Resource and Referral is an excellent resource for providers to access training options and support in your area. You can reach Child Care Resource and Referral at